

# Puppy Love

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## The New Hampshire GRID

The *New Hampshire Grid* consists of 48 mountain peaks, all over 4000 feet tall. It is a hikers dream and challenge to conquer all 48 mountains. The other qualiyer is you must climb all 48 peaks in every month of the year ~ that is a 576 mountian hikes! Pepper, a little Schnauzer, happily took on the challenge with her dad, John Sobetzer. At the age of fourteen Pepper had amazingly climbed the *New Hampshire Grid* thirty times. Pepper also set a record of climbing the *White Mountain Grid* on all 365 days of the year. Pepper's record will probably remain unchallenged... forever, maybe. These two shared an incredible bond and John referred to his climbing pack as the *PEPPER AND ME* team. At the age of seventeen Pepper past away after a battle with cancer. The most famous mountain hiking schnauzer has a published book, *Following Atticus*, written by his dad, Tom Ryan.



Ruby is home in South Carolina enjoying her best life being loved every day by her family.



## Now This is Going to Be Fun!

A hike is a wonderful activity that you and your doxie can share for the best of times. A trail can turn on your dog's super senses as they explore the environment found on the trail. Every hike will be different with new sounds and new smells, this can be very exciting for your dog. The best thing about this adventure is the time you and your little doxie share together. And it is sure to make both of you feel happier and less grumpy after this beneficial exercise. And a final tip: a flat trail is worth the walk so don't count that out as an option.



**Don't Leave Home Without It...** identification on your dog's collar and a chip is invaluable!



## Be a Good Scout...

before you hit the trail. Bring water and snacks and take a break every 15 minutes. For beginners start off with a 30 minutes hike. Be sure to include insect repellent and a doggie first aid kit in your backpack.

## Hazards On the Trail

**Toxins:** Keep your dog on a leash so they do not accidentally consume poisonous mushrooms, berries or animal waste.

**Stay Close:** Keep your dog on the trail close to you to avoid roaming into poison ivy and poison oak.

**Illness:** Don't let you dog drink water from a creek or river to avoid contaminated water that can cause serious illness.

**Bites:** If your dog is bitten by a snake get them to an emergency vet ASAP.