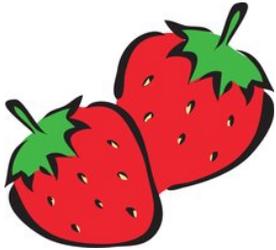


# Puppy Love

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## Strawberry Time...

When summer rushes in it brings with it one of the most popular fruits of the season ~ sweet, juicy strawberries. These succulent berries full of antioxidants and vitamin C are a nutritional powerhouse for both you and your little doxie. This healthy treat helps your dog stay healthy in more than one way. Over time, strawberries help with aging, strengthens the immune system and help with weight management. Strawberries even contain an enzyme that can help whiten your dog's teeth. It is recommended that you cut the strawberries into small pieces to avoid a choking hazard and to aid with easier digestion. Start with a small amount of strawberries to see how your dog reacts to this new food. And remember, this is a snack not a full meal alternative. However, you can add a small portion of pureed strawberries to your dog's main meal, but then, you will have to refrain from giving your little doxie strawberries as a treat. Because of its high sugar content, do not substitute fresh strawberries with canned or strawberries in syrup.

## Strawberry Pupsicles

This is super simple and the ingredients aren't very precise so you can probably wing it and just toss it all in the blender.

Ingredients:

- fresh strawberries
- ¼ cup water
- peanut butter

Directions:

- cut off green tops
- add strawberries and water
- blend until smooth
- pour smoothie into ice trays
- add dollop of peanut butter (optional)
- freeze and serve



Otto is home in Colorado with his wonderful family.

*BARK as if no one can hear you.  
CATCH the ball on the fly.  
LICK like there's no end to kissing.  
SLEEP on a sofa nearby.  
JUMP like the sky is the limit.  
SIT by the fire with friends.  
STAY with the ones who love you.  
RUN like the road never ends.*



## Extra Fun...

buy ice cube trays or candy molds in the shape of a paw print or bones. These are easy to find on line.